

PYE Third Thursday Assembly  
September 21, 2017

\*[Nadia Chaney](#)

Dear 3rd Thursday Assemblers! Welcome back, or, if it's your first time WELCOME! This is an exciting format we have been developing where people contribute and discuss a niche aspect of group facilitation.

Below you will find: A Check-in Question (please answer!); Goals and Agreements for today's session (hit "like" to agree to uphold these agreements during the session); 6 discussion questions (posted approximately every ten minutes; answer in any order --- normally we would have case studies but the DEVELOPING YOUR STYLE TOPIC doesn't require them). I will be facilitating this experience for 90 minutes. There will be a pdf transcript posted at <http://pyeglobal.org/pye-learning-network/3rd-thursdays> in a short while. These transcripts are so great we're thinking of making a book out of them! This month we will have our first in a series of discussions on Developing Your Personal Style

The things that make us different, those are our superpowers — every day when you walk out the door and put on your imaginary cape and go out there and conquer the world because the world would not be as beautiful as it is if we weren't in it. —from QTPOC Lena Waithe's acceptance speech at the Emmy's this week (see it here: <http://time.com/49.../lena-waithe-emmys-speech-master-of-none/>)

As facilitators, we are often working very hard to learn techniques, remember plans, connect with participants, support co-facilitators, and generally be on top of everything. This week we are going to pause to think about the aspect of BEING in facilitation, rather than DOING. We're going to look at the aspects of your style, what makes you YOU in your facilitation work, and how that style strengthens and supports your work. This isn't a Third Thursday about improving our practice, it's about naming and celebrating who we are.



**Partners for Youth Empowerment**

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[pyeglobal.org](http://pyeglobal.org)

[Barb Applepieski](#) Nice topic choice 😊

[Nadia Chaney](#) Thank you!

**\*[Nadia Chaney](#)**

Check-in Question for Sept 21 2017: What is your facilitation superhero name? Describe three of your characteristics or superpowers as a facilitator.

[Shailagh Manque](#) Mine's "Shailagh." It means "gentle strength." I'm a warm welcomer, a bridge builder and a believer in magic.



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[Tasha Nathanson](#) Superhero? Facilitation Gal, I guess. Superpowers: High Energy, Clear and audible and expressive speaking voice, & I truly like people and am good at noticing them in a way that (I am led to believe) often validates their personhood.

[Mery Miguez](#) Samara Atkins called me "Magic Mery" one time. I think that's my superhero name. Magic Mery is, loves to laugh, listen and play.

[Sezin İlbasmış Dindaroğlu](#) Hey! this gonna be a nice challenge for me 😊 ok, I have good questions for darken moments as light, I'm good at "being real", seeing gifts, so I can be Yakamoz(that means fullmoon light on the sea in Turkish :))

[Shilpa Setty](#) Mine is naturality, curiosity, to being able to connect with the positive qualities in others. I am "Florío" (its a made up word) to flow and flower

[Nadia Chaney](#) My friends! I'm so happy that you're here. Mine is depth, so my superpower I think is to breathe underwater

[Nilisha Mohapatra](#) I am Neon 😊 My superhero traits - building a safe space quickly, uncovering depth, and shaping the design to meet the needs of the group!

[Michael Beebe](#) Just logging into the discussion here, I have to think on this as for the superhero name. My strengths are presence, flexibility, and grounded-ness

[Sunshine Turner](#) Mmmmm My name is Mmiri Mmadu (meaning Water Being in Igbo) my powers are connection and deep resonance.. Mmmmm

[Barb Applepieski](#) Superhero name: Boundless ..my powers are endless ideas and solutions when things go wrong, a deep well of empathy for where people are coming from, unlimited trust that I can & we can connect.

[Sola Story](#) I would be Sundiata (founder of the Mali empire) blazing a trail as a mystical warrior and bringing the whole tribe with me...

[Arindita Gogoi](#) Whoaa! Superhero...hmmm! Perhaps the same as my online avatar... Inkcollector that refers to the myriad hues that I collect from the experiences and senses around me. Superpowers: The power to observe, to understand, to facilitate conversation, expressions and revelations, maneuvering between being a ball of energy and the Pacific Ocean.



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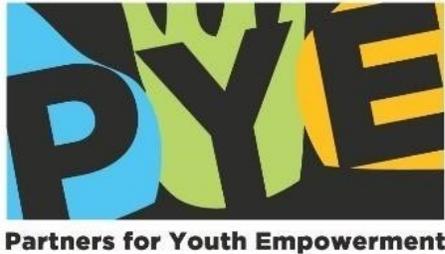
\*[Nadia Chaney](#)

Goals and Agreements for this session on Sept 21 2017

- 1) To deepen our appreciation for our personal facilitation style
- 2) To name and identify the aspects of our own personal style
- 3) To appreciate each other and learn from each other's strengths
- 4) To increase self-confidence
- 5) To have meaningful fun online!

In order to achieve these, here are some suggestions for COMMUNITY AGREEMENTS to make our time together flow really well. Be sure to add what you need or want AT ANY TIME DURING THE PROCESS. Let the group know or privately message the facilitator if you are concerned that an agreement is being broken.

- 1) No put downs of self or others. Keep a positive, lift-up vibe. If the facilitator finds your comments aggressive or inappropriate in any way you will receive a personal message.
- 2) Be willing to entertain simultaneous truths. Rather than proving a point, try to listen to understand, and be willing to agree to disagree. At the same time, if you have a strong belief be willing to stand up for it. This will make our conversations rich!
- 3) Show your presence, by LIKING and by responding to keep the flow. Ask questions, make comments, connect. The technical trick for this format is to REFRESH your browser fairly often. The questions move around depending on how many people are answering, so please scan the whole page for new questions now and then.
- 4) Maintain CONFIDENTIALITY by not sharing names or personal information about the participants in your groups, sharing from your own perspective, and asking permission before sharing someone else's story.
- 5) Answer any questions in the COMMENTS below the question to keep the conversation organized and readable. Only open NEW questions in new threads.
- 6) You can come and go as you please, take as long as you like to respond, and



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basically enjoy the text-format to make this work no matter whether you are just waking up, just going to bed, or on your lunch break (time zones unite!!) A pdf transcript of the conversation will be provided. Feel free to continue the conversation even after the 90 minute period has ended.

\*[Nadia Chaney](#)

Discussion Question #1: What are some of the elements of your external style as a facilitator? Give us three to five words (or a juicy phrase!) that describe how you like to present yourself with a group.

[Shailagh Manque](#) Hi everyone! This is cool. So, I like to have "pump up energy." When I feel the energy in the group drop from a 4 to a 3, I like to boost my energy from a 5 to a 6. This helps me to hold the whole group's energy.

[Tasha Nathanson](#) External: Storyteller, Humour, Extrovert, Earthy

[Nadia Chaney](#) Beautiful! Thank you Shai and Tasha! This is exactly what I'm thinking...I mean external in terms of how you present yourself, how you think you are perceived, how you communicate etc.

[Nilisha Mohapatra](#) Hmm this is interesting! A gentle warrior ready to dive.

[Sezin İlbasmış Dindaroğlu](#) fun, extrovert, energetic, timer, academic

[Shilpa Setty](#) My external style is: Calmness, welcoming, friendly

[Mery Miguez](#) Wow, this is hard for me, I never gave these questions much thought, but I really like the challenge. I am really curious to see what I learn about myself today. Well I guess there is one word, curious. Other words are, like I said before playful, I love to bring laughter in a group, I am convinced that laughter is an instant ice breaker and a group is ready to do anything when they laugh together a lot.



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[Nadia Chaney](#) Mery, I know this can be quite hard. Especially to write it down! But I also know how valuable it is for all of us to really acknowledge and see each other claim our power. This is the first in our series on developing personal style. I'm so glad you're here for this!

[Michael Beebe](#) warm and grounded

[Devon Little](#) Inviting, encouraging, authentic (esp. about my own journey), likes a joke

[Barb Applepieski](#) Grounded, Playful, Supportive

[Sunshine Turner](#) encouraging, grounded, playful,

[Arindita Gogoi](#) External Styles: Storytelling, humour, pause, nonjudgmental, kind, invitational, authentic.

\*[Nadia Chaney](#)

Discussion Question #2: What is most important to you when it comes to room set up or the environment in which you prefer to facilitate? If you could imagine your dream space what would it look and feel like?

[Nilisha Mohapatra](#) For me it has always been about creating clean and vibrant energy in the space - not stacked energy with furniture lying around, flow of natural light, signs/ flip charts written out with care, and some color.

[Sezin İlbasmış Dindaroğlu](#) spacious, light and acoustic. Others are coming with the group 😊

[Mery Miguez](#) Ahhhh, it would have lots of big windows with tons of natural light, hardwood floors, very clean, with plants either inside or outside. With lots of fun materials to play with, and space for people to make installations. Comfortable chairs and cushions for people to have a choice. And the capacity to play music if needed.



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[Michael Beebe](#) I love a circle, no powerpoint, laptop!, great if space has natural light combined with wall space for charts, quotes, etc. wood floors, easy access to outdoors for possible outdoor activity if weather cooperates.

[Shilpa Setty](#) For me its natural light, room spacious enough to make a big circle and move around, positive words written or drawn on colorful sheets and stuck, art materials, music, some flowers

[Natasha Duchene](#) Gosh I love all these responses! I'd say all this and perhaps a table in the corner, and probably a community altar either in the circle or elsewhere.

[Nadia Chaney](#) I know! This discussion is so moving to me. I'm just sitting in this cafe smiling

[Shailagh Manque](#) I hadn't thought of an altar. I love this!

[Shailagh Manque](#) I agree with many of you that circularity is very important to me! I think about one building that I have been in - it has 8 walls so it is kind of round. It is entirely wood with windows on 5 of the walls & it also has skylights. There is a big commercial kitchen behind 2 of the walls and washrooms behind the last wall. It overlooks a valley that leads to the Grand River. It is my prototype for the healing space I hope to build in the future!

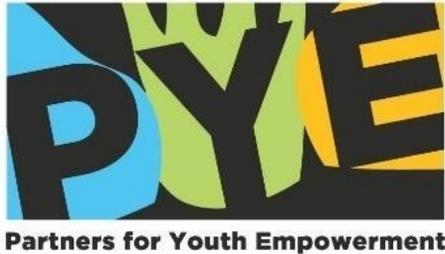
[Tasha Nathanson](#) I love lots of small tables, each covered with a big sheet of paper for participants to draw/write on, as well as sticky notes, pictures, maybe some art or other creative visuals as well as information to ponder during lulls or when you cannot concentrate any more. I like to include movement from table to table, mixing up groups, different activities - basically the idea of different stations and phases.

[Barb Applepieski](#) Love this - so inspired to dig into this set up!

[Shailagh Manque](#) Agreed!

[Sola Story](#) Yes Mery Miguel I agree and I would add access to a nourishing outdoor space and since it's a wish list: perfect weather 😊😊

[Sunshine Turner](#) A hexagonal wooden shelter surrounded by great oak and willow trees, wild flowers and the gentle sound of birds and the river which is close by. The space is transformative, the walls can be full window panes or wooden panels at the touch of a button.



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There are giant bean bags surrounding crate boxes which act as coffee tables. These tables can transform into working tables and each one contains a set of 6 chairs. There's a type of canopy net hanging from the ceiling on one side which houses the bean bags, blankets, yoga mats, cushions and other soft things. There are oils burning, a blend of ginger, grapefruit and rosemary today. There's a separate art barn just outside with every art material you can imagine.

\*[Nadia Chaney](#)

Discussion Question #3: How would you describe your attitude as a facilitator? You can refer to your sense of humour, your stance, your habits, your communication style, how you are on breaks... how do you think you come across in a group?

[Nadia Chaney](#) This is different than question #1 in that it refers to your INNER feeling as a facilitator, rather than the external

[Nilisha Mohapatra](#) Ah thank you! I was just going to ask 😊

[Michael Beebe](#) the word grounded keeps coming to mind. I think even when I am freaking out on the inside I am good at maintaining a calm exterior. While I do think you can do a lot to prevent conflict by the way the facilitator sets up things, conflicts will happen anyhow and I think I am pretty good about seeing conflict as an opportunity for growth rather than a burden.

[Nilisha Mohapatra](#) Grounded in my presence, consistently looking to make connections with people - eye contact, affirmations, questions etc. Willing to play with subtle humor and laugh. Intuitive about energies, discomfort, needs.

[Sezin İlbasmış Dindaroğlu](#) excited and enthusiastic; If I feel ok with the beginning my humour is coming behind. I also love to smile and it is coming with eye contact and some questions.

[Mery Miguez](#) I like to hold a stance of inclusivity, of people as well as everything that happens in the group. That I don't have the answers but I'm interested in us, and what we can do together.



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I like to connect with people and I like to see the superhero in them and bring it out, if it's not out already.

[Shilpa Setty](#) Smile, energetic, open, connectedness, embracing, comfortable, authentic

[Shailagh Manque](#) Good question! I have a facilitator on-off switch. When it is on, I am all eye-contact, jokes, engaging, and this helps others to want to share. When my switch is off (like on breaks), I think I can seem to withdraw from the group energy pretty quickly. I think I need that to collect my energy for the next part of the group, but I think that it is also tricky.

[Shailagh Manque](#) One of the reasons that I love PYE so much is that it is teaching me how to cultivate a group sense of belonging, so that I don't create a vacuum when I move out of the facilitator role.

[Shailagh Manque](#) Oh yes! And when I am in-tune with myself, I am also very in-tune with how people are feeling, how people are sharing space, and I have good intuition as to what people in the room might be needing at any given time.

[Tasha Nathanson](#) Internal: checking, nervous, wary, intently scanning for who is participating how and who might be holding back and why, who might be dominating or imposing and how to mitigate. On breaks, I would either seek a moment of breathing (even in the bathroom stall if I needed) if things were not going quite as hoped or working the room to personally chat up those who might need to be noticed and brought in or whose story I want to draw out.

[Sola Story](#) One of my facilitation strengths is projecting a presence that people describe as strong but sensitive and inclusive. I think this relates to the inner because I am also feeling strong and inclusive at the same time. 😊

[Natasha Duchene](#) Another great question... I'm not sure! I strive to be grounded and humble, and to keep my sense of humour. I try to hold depth and play/silliness at the same time. I'm often a white person working with diverse groups as well, so I try to be forthcoming about the limits of my experience. On breaks depending on where my self-care needs are at, I might go outside on my own, or check in / connect with folks in the group.

[Sunshine Turner](#) Attitude: Sanguine, Exuberant. Stance: Neutral, Strong, Active. Habits: hmm? Communication Style: gentle, inquisitive, responsive. On breaks I usually need a moment to breath, a moment to myself, I also like to connect with people I've not seen much of during the session. I just have no idea how I come across.



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[Nadia Chaney](#) Maybe that's something to learn about on your current journey in SA?

[Sunshine Turner](#) Maybe! I'll have to ask for some feedback..

\*[Nadia Chaney](#)

Discussion Question #4: Describe your conflict resolution style. What do you do when tensions arise in your group? How do you like to intervene? How do you decide when it is time to intervene?

[Nilisha Mohapatra](#) Great question, and a growing edge for me! In terms of a style, I move towards conflict but feel nervous. That shows up in different ways - defensive, or sometimes not as curious as I'd like to be. But I like to have individual conversations, and bring it to the group only if necessary. Unless of course it is something that erupts in the group, then I pause, acknowledge it and ask if can be addressed later. I intervene when I see it draining people's energy, drawing more people in that the ones originally involved. Or if its straight up an attack/ hurtful/ derogatory.

[Mery Miguez](#) Mi first reaction is to feel the tension myself and let it be. See if people can figure it out by themselves, or somebody else in the group addresses it first. I really believe that everything happens for a reason, I hold curiosity to try to see what might be underneath the tension. And if after a while the tension is becoming bigger to the point of paralyzing the flow in the group, then I would through a question to the group along the lines of, what do you think is trying to be said through this tension here?

[Shilpa Setty](#) I love the way you have explained, I do so much like the way you do..

[Shilpa Setty](#) This is an edge for me too, as sometimes, i would get the group to think the way I am thinking which will seem very pushy. But, ideally and mostly I would first listen, understand, validate, give choice



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[Sezin İlbasmış Dindaroğlu](#) this can come in to many scenarios! in general, observe and try to catch the right moment to intervene, and first to remind (me then the others) this is normal to have and after supporting people to be heart and if it is possible to find and refer to the healing and learning behind.

[Nadia Chaney](#) Hmm...you are making me think it might be a good idea to do a 3rd Thurs just on conflict style...

[Nilisha Mohapatra](#) YES!

[Sezin İlbasmış Dindaroğlu](#) that would be great 😊 please!

[Devon Little](#) there's a great conflict styles inventory I did once, i should find it for us

[Devon Little](#) remind me if I forget

[Natasha Duchene](#) Yes please ❤️

[Nadia Chaney](#) I will, Devon!

[Devon Little](#) I am simultaneously worried but also gripped and move towards it. Sometimes without stopping first, which would be advisable. I say something like "hmmm, something's happening we need to address" and then sum up what I see happening. I don't know if framing it my way first is always helpful, but sometimes it can be, esp. if I stay with words related to a feeling, or even pointing out different world views or needs operating. The wisest me would inquire about the feelings and desires of the people involved. I have a new model I've been training folks in for this purpose. Always measuring the need for full transformation vs other group needs, time, goals of training...

[Devon Little](#) There's something I love about conflict though. I think it's the depth it means that we are doing the work, either of being vulnerable in community, or discussing an experience/topic. Hence I keep training and working in this field, lol. It's also foundational for me that everyone's humanity (dignity) be seen and upheld. This can get tricky with expressions of anger, which are also valid (if they don't demean) and so I'm working with that

[Nadia Chaney](#) I can relate to this so much. The challenge of working with conflict-as-potential just keeps me so fascinated

[Devon Little](#) yup. Conflict IS how change happens. creative tension. multiple truths.



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[Devon Little](#) yup. I believe more and more that conflict IS how change happens. creative tension. multiple truths.

[Michael Beebe](#) I invite people to say more about what they are experiencing and ask people that are in conflict what they need to move forward..also ask the group that too if it's being processed in whole group

[Sola Story](#) Well like Devon, I see conflict as a sign that we are perhaps exploring unmarked or unusual tested territory. I too feel it in myself and. Using a KaZimba metaphor I remember "I am the circle and we are the circle, the circle is us," so the solution to the conflict in it is also us. This mindset helps me to enter an intuitive stillness from which helpful action, Body language or words seem to come...

[Natasha Duchene](#) Oh my goodness I love this question. This is an edge for me too. I've noticed a couple of times working with young people that I've gently asked folks to give space to others in the room, and they shut down completely in response. It's not conflict exactly per se, but it was really eye-opening to see how easily that can happen. I do see conflict as an opportunity, and try to let the agreements hold the discussion as much as possible, perhaps inviting a conversation about the agreements themselves as well - do we need to amend them in some way?

[Arindita Gogoi](#) I intervene when I feel it has become a safety concern for both the people in conflict and the people around. The conflict resolution style differs depending on the need and nature of the group. Some I feel require privacy and others may require a group discussion.

[Arindita Gogoi](#) Also, I have recently moved to class room environment and that is a new experience and learning for me. The need for resolution at times is higher because I notice deeper impressions on children on non- interventions. An impact assessment still comes into play.

**\*[Nadia Chaney](#)**

Discussion Question #5: Is your facilitation style different from your everyday style? How?



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[Sezin İlbasmış Dindaroğlu](#) at the beginning it was but now so close even the same mostly!  
(wauw! I noticed this right now, these are really great questions, thank you Nadia)  
my communication style with others,( sharing, listening, questioning)  
also supporting myself and others so behavioral change came after facilitation.

[Nilisha Mohapatra](#) To some extent, yes.  
-The deep awareness and intuition I tap into when facilitating, sometimes feels exhausting in everyday life. So I dial in and out of it, knowing I can access it.  
-The directness of communication I have in everyday life, I'd like to bring into my facilitation more.

[Mery Miguez](#) Man, Nadia Chaney, you are SO good! These questions are amazing!

[Nadia Chaney](#) (blush) Thank you!

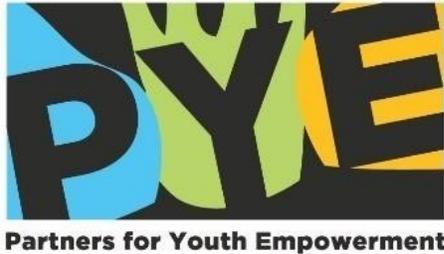
[Nesreen Ali](#) I wonder how people adjust their facilitation style to discuss topics regarding identity (i.e. gender identity, sexuality, race etc.)

[Nadia Chaney](#) Hm! That is a very interesting question

[Michael Beebe](#) i more explicit discuss identity when I facilitate

[Suchetha Bhat](#) I find that my style is usually the same

[Mery Miguez](#) I really appreciate this question. I would say, my aspiration is for it not to be a difference, but it is different. This is something I struggle with a lot. There is this experience that I have that when I am a facilitator I can have a lot of space inside myself for so much. But when I'm not, that space shrinks. Example, at home with my partner, that space shrinks almost 90%. Then when I'm in a group as a participant myself, most of the time I feel not held or like I'm supposed to be different than what I am, (not always of course, because I have been around amazing facilitators), but that's not always the case. Sometimes I think, maybe I should relate to my life as if I am facilitating it... but I can't totally wrap my mind around that thought, because at some level this makes me feel that everybody else is ok being themselves but me. If anybody has some wisdom here, I welcome it. Basically, is like there's two Merys, the facilitator and the regular person.



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[Nadia Chaney](#) Maybe you can think about it terms of the difference between the ROLE of the facilitator, and the BEING...maybe there is more overlap in the BEING than the ROLE

[Nadia Chaney](#) (using caps because I can't figure out how to make italics)

[Mery Miguez](#) Hmmmmm, that, is an interesting point, maybe I am combining the role of a facilitator and the being a facilitator... I'll give it some thought. Thank you Nadia. Maybe I can bring the being a facilitator more into my life... Because that being is huge, it really feels that can accommodate so much.

[Barb Applepieski](#) Same but in everyday life I find more spaces between the moments to appreciate slowness. I hold a lot of responsibility as a facilitator but that has it's own magic to appreciate. Thanks for the session Nadia - I have to go now but I look forward to connecting with you all soon!

[Nadia Chaney](#) Thanks for being here, Barb!

[Natasha Duchene](#) I love this question. I think my facilitator-self is just a little more "on" than my everyday self. I stand taller, I listen better, and I'm more actively attentive to what's happening for the people around me. I'd say these things are still present to varying degrees in day-to-day me, it's just that if I'm tired or stressed out or whatever, if I'm facilitating I'm going to do my best to put all that aside so I can be present for the group.

[Mery Miguez](#) You are describing my experience Natasha! That's part of what I was saying before. Thanks so much!

[Natasha Duchene](#) Thanks Mery! I was thinking how I relate to what you wrote as well 😊

[Shilpa Setty](#) Yes, sometimes I'm impatient

[Sola Story](#) Hashima people great question! My answer is yes as in my normal communication style I'm attentive to who I'm talking to in the moment and adjust accordingly. However, where there is a marked difference is when there is a big group of young people and then my adaptation is slightly more performative... 😊 ☺ ☐

[Natasha Duchene](#) oh yes definitely!



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[Tasha Nathanson](#) Totally different. When I'm facilitating, I'm performing. In my real skin, I'm much more internal.

[Michael Beebe](#) Yes interesting, when it comes to introversion/extraversion. I am just slightly on the extroverted side of the continuum. So when not facilitating I need to get my fix of time to myself..and tend to run a bit more introverted when I am a participant too.

[Arindita Gogoi](#) Not really. I think it is pretty similar and that's what I believe in as well. I think in facilitation we bring so much of ourselves into the space and that keeps it both vulnerable and authentic.

[Arindita Gogoi](#) Perhaps I need to change, I am still learning and evolving.

[Devon Little](#) I found myself hiding behind a flipchart once when my co-facilitator was facilitating hahaha! That was a sign- Devon, time for your introvert time

[Devon Little](#) I think a main difference is that I take up more space and act as conductor of energy as facilitator, and if I'm not facilitating, i can sit back more, chime in when I've got something to say. I'm working on my energy conduction as a facilitator to see if I can allow energy to move through without necessarily needing to SAY as much, to think I have to try to contextualize everything (out of wanting to have an answer)... or is that a gift I have? Not sure

**\*[Nadia Chaney](#)**

(last question) Discussion Question #6: When you read through the responses in this discussion, what inspires you? Is there anything you are interested in trying or learning more about? Do any of the other participant's answers give you insight into your own style?



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[Sezin İlbasmış Dindaroğlu](#) reading others definitely inspiring for me, I catch sometimes myself in them that I did not notice before. As I wrote that "conflict resolution" can be great topic to read for me, I have a lot to learn.

[Shilpa Setty](#) Something that inspired me the most is the detail and articulation in the sharings of thoughts and process. I could relate to many responses and see me having it as well.

[Natasha Duchene](#) So much inspiring, it's hard to pick just one or two! I always learn so much from these, thank you Nadia and everyone!

[Michael Beebe](#) I don't know if inspiration is the word but more intrigued by the posts on conflict and intrigued by how we see ourselves vs how do our group participants see us. ...and how aligned are those or not?

[Devon Little](#) Nadia - facilitators I train want to know about how to deal with power struggles. By that I mean what they perceive to be folks not bought in to the goals or agreements, in spaces like classrooms, etc., where participation is not voluntary. Imagine the person who refuses to do the activity, or does it but in ways that are meant to derail. There is sometimes resistance to giving that person the option to sit out even if you've checked in and they state their feelings as tired or their needs as hungry, etc. There is this strong desire to help them get into the groove of the workshop, and obviously there is a challenge in having only one facilitator. We talk about options like making it explicit that they are welcome to rejoin whenever they like, but I'd love to see this talked about in the future

[Nadia Chaney](#) Thanks so much Devon. Absolutely. We've done a 3rd Thurs on working with resistance in the past, too, which may have some useful tidbits too

[Devon Little](#) Thanks! I will look for that one

\*[Nadia Chaney](#)

Due to computer battery issues I have to end this official session 6 minutes early. I'll be checking on my phone for the next half hour, though. Looking so forward to continuing this series with you. Tell your facilitator friends...I have a feeling this will be deep and wonderful.



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Thank you for everything you are doing to make this world a better place for youth and communities all over the world. You inspire me, and all of us at PYE, everyday.

PYE will soon post the transcript and this page stays open if you would like to add anything to any of the posts. We are always open to new topics for the upcoming sessions. If you have any ideas please feel free to post them on this page. If you enjoyed today's session please tell your facilitator, teacher, manager, social worker, group therapist, activist and social artist friends! Don't forget to check [www.pyeglobal.org](http://www.pyeglobal.org) for upcoming trainings, too, there's some new ones just posted.



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[Shilpa Setty](#) Thanks a ton Nadia Chaney for this wonderful session, and thanks to everyone who were part of it, enjoyed every bit of coming together 😊

[Vishal Talreja](#) Hey Nadia, I am sorry I got the timing wrong and joined quite late. Hope to join the next one. Just read some of the responses and there is some great insight in the sharing.

[Tasha Nathanson](#) I really appreciated this opportunity to reflect on my own practice and learn from others' perspectives. Thanks for the probing questions, Nadia.