



PYE Third Thursday Assembly
April 19, 2018

*[Nadia Chaney](#)

Dear 3rd Thursday Assemblers! Welcome back, or, if it's your first time WELCOME! This is an exciting format we have been developing where people contribute and discuss a niche aspect of group facilitation.

Below you will find: A Check-in Question (please answer!); Goals and Agreements for today's session (hit "like" to agree to uphold these agreements during the session); 5 discussion questions and 3 case studies (posted approximately every ten minutes; answer in any order). I will be facilitating this experience for 90 minutes. There will be a pdf transcript posted on the www.pyeglobal.org website, as well as the files of this facebook page, in a short while. These transcripts are so great we're thinking of making a book out of them! This month we are discussing WORKING WITH STRONG EMOTIONS

Strong emotion is an inescapable aspect of all group work. When people come together across difference of any kind, emotion can arise. When people are creative together, it's even more intense! Today we are going to discuss the role of the facilitator in working with strong emotion and the world of possibilities that can be unlocked when we engage with strong emotion in creative ways.

As an invocation for our work today I'd like to share a poem from 11th century Persian Sufi poet Rumi, translated by Coleman Barks. I know some of you do not identify with the word "God" so maybe you will think of a word that works for you here, like Love, or Unity or Universe:

A certain Sufi tore his robe in grief,
and the tearing brought such relief he gave the robe
the name faraji, which means ripped open,



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or happiness, or one who brings the joy
of being opened. It comes from the stem faraj,
which also refers to the genitals, male and female.

His teacher understood the purity of the action,
while others just saw the ragged appearance.

If you want peace and purity, tear away
the coverings! This is the purpose of emotion,
to let a streaming beauty flow through you.

Call it spirit, elixir, or the original agreement
between yourself and God. Opening into that
gives peace, a song of being empty, pure silence.

[Barb Applepieski](#) I took a moment to read this poem out loud, to give it resonance, and it was
soooooo worth it!

[Nadia Chaney](#) I thought the question of opening, in such a raw way, had much to do with
today's topic!

*[Nadia Chaney](#)

Check-in Question for April 19, 2018: Describe your emotional state today as an
imaginary art piece.

[Deb Reynolds](#) All the colours getting started.



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[Deb Reynolds](#) Literally just wiped this down.

[Nadia Chaney](#) Deb!!

[Nadia Chaney](#) How wonderful!

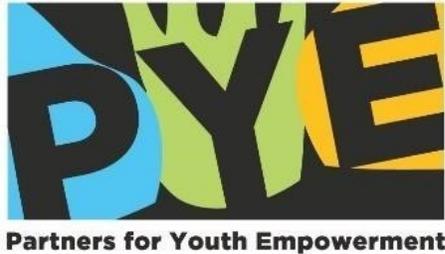
[Nadia Chaney](#) Me, I feel like a traditional carving in a flea market. A little impatient, a bit disoriented (!) but always still myself. 😊

[Shailagh Manque](#) I feel like an experimental painting: Mixed media piece involving tar, gouache and printed word-poetry.

[Nadia Chaney](#) Hi Shai! Welcome!

[Shilpa Setty](#) I feel like a painting of a swarm of bees, continuously busy on the go, where I was just going with the flow of emotions, busy at getting work done

[Nadia Chaney](#) Hi Shilpa! Welcome!!



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[Barb Applepieski](#) A television screen with many windows (maybe 6?), all simultaneously playing intensely beautiful videos of people in: various emotional states, relationships, playful situations, and receiving awards! 😲

[Nadia Chaney](#) wow! hi Barb!

[Manjunath Anand](#) A bird flying without any limits and trying to push the limit every time he flies!!!

[Nadia Chaney](#) Welcome Manju!

[Madhu Shukla](#) I feel like a graffiti in. The subway. Just too many people. Have passed me by today

[Nadia Chaney](#) Madhu! Hi! Wow, we are a brilliant gathering today ❤️<3

[Nadia Chaney](#) Also, love how you made this into a mini poem with the punctuation

[Madhu Shukla](#) Nadia Chaney haha true that

[Simone Johnson](#) I feel like a big smooth, jagged rock under a giant leaf while it is raining lightly and I'm watching, feeling and listening

[Nadia Chaney](#) Welcome Simone!

*[Nadia Chaney](#)

Goals and Agreements for this session on April 19, 2018

1) To deepen our ability to work with strong emotion
When we can work effectively with strong emotion we are working with a kind of



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natural resource in the group. Whether it's joy, sadness, anger or shame we can help a group stay connected and transform that emotion into insight, action or connection.

2) To understand the risks and possibilities of certain emotions

Knowing the potential risks and benefits of different emotions as they arise can help you determine and weigh your response. Sometimes a response is one-on-one, sometimes it requires space or a break, sometimes it's best to address immediately and directly.

3) To learn how to work with our own strong emotions

We are also part of the group, and we have our own emotional reality. When we compartmentalize or repress our emotions they can rise up suddenly and surprise us, or leave us feeling very drained. We'll share some techniques for recognizing and working with our own strong emotions in order to keep ourselves safe, available and flexible while facilitating.

4) To increase our options and choices as facilitators

Learning how to work with strong emotion in a group helps us make more creative, intuitive and effective choices in the moment.

5) To support each other's learning and have meaningful fun!

In order to achieve these, here are some suggestions for COMMUNITY AGREEMENTS to make our time together flow really well. Be sure to add what you need or want AT ANY TIME DURING THE PROCESS. Let the group know or privately message the facilitator if you are concerned that an agreement is being broken.

1) No put downs of self or others. Keep a positive, lift-up vibe. If the facilitator finds your comments aggressive or inappropriate in any way you will receive a personal message.

2) Be willing to entertain simultaneous truths. Rather than proving a point, try to listen to understand, and be willing to agree to disagree. At the same time, if you



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have a strong belief be willing to stand up for it. This will make our conversations rich!

3) Show your presence, by LIKING and by responding to keep the flow. Ask questions, make comments, connect. The technical trick for this format is to REFRESH your browser fairly often. The questions move around depending on how many people are answering, so please scan the whole page for new questions now and then.

4) Maintain CONFIDENTIALITY by not sharing names or personal information about the participants in your groups, sharing from your own perspective, and asking permission before sharing someone else's story.

5) Answer any questions in the COMMENTS below the question to keep the conversation organized and readable. Only open NEW questions in new threads.

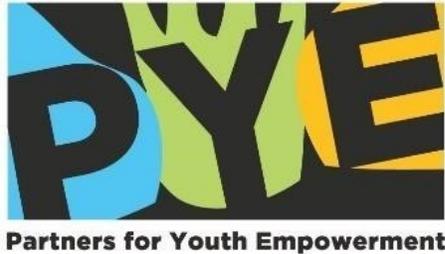
6) You can come and go as you please, take as long as you like to respond, and basically enjoy the text-format to make this work no matter whether you are just waking up, just going to bed, or on your lunch break (time zones unite!!) A pdf transcript of the conversation will be provided. Feel free to continue the conversation even after the 90 minute period has ended.

[Barb Applepieski](#) Wow...these goals and agreements are a work of art!

[Nadia Chaney](#) Barb. Thank you.

*[Nadia Chaney](#)

Rather than starting with the general and moving toward the specific as we usually do, I thought it could be valuable to do today's discussion in the opposite order.



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Discussion Question #1: Let's begin with ANGER. How do you tend to react when anger shows up in your groups? What are the risks of anger in a group? What is the value of anger? What possibilities does anger open up in a group process? Ideally, how would you like to handle anger in your group work?

(you don't need to answer all of these questions all at once!)

[Shailagh Manque](#) I appreciate that you consider the value of anger, Nadia. In the culture that I grew up in, anger is a fairly vilified emotion - particularly for people who are assigned female at birth (afab).

I believe that Anger can surface like a chemical reaction, springing from a well of suppressed emotion. It can be a very powerful communication tool to let the group know that something has been missed, or something is being left out.

I have also seen anger be used in a group when one person tried to impose their beliefs on another, and was quite adamant that this younger person should "listen to the voice of experience." From this experience, I learned the power of group experience, and if I was to go back in time, I might reflect the strong emotions that I was seeing, connecting with the person's humanity and genuinely ask what was going on for them. This person was expressing frustration and might have benefitted from being held in their vulnerability.

[Nadia Chaney](#) Shai, thank you so much for this very thoughtful and generous reflection. I'm so interested in the doubleness of anger in this story...both from the younger and the elder group member. One thing I think of when I think of anger is how it can "catch fire." I'm interested in that as a value. A kind of rich and intense power

[Nadia Chaney](#) My question is, what are my best tools/stance to harness or work with that richness...and how to do it in a way that keeps the integrity of the group container

[Shailagh Manque](#) Nadia, thank you for reflecting this. When you say that anger can catch fire, do you mean that it can burn other people's wood (unprocessed emotional "stuff", so to speak?)

[Shailagh Manque](#) Ah I see! Where I've landed for now is that when I feel like I'm losing touch with someone's meaning, my current and best tool is to stay connected with the person's humanity, as well as my own



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[Nadia Chaney](#) Wow. That is very interesting, I hadn't thought of it that way. With that image you make me think of boundaries, actually. And I want to reflect more on that. I was thinking of how anger generates more anger. When it is directed "against" each other it's a dangerous element, but if it can be understood and redirected and ...maybe the underlying dynamics can be worked out it can be such a force for transformation

[Barb Appleski](#) [Shailagh Manque](#) I love this image of fire... it informs my vision of anger as a force that can be dangerous if it isn't given boundaries.. like a circle of stones around the fire pit. So much here to think on!

[Shilpa Setty](#) Firstly, I will remind myself to not get personal, then I listen and then validate being empathetic to the person who is getting angry on me, and then stay with whatever comes up, and allow the person and the group to understand well, and respect whatever decision comes up at that point. I have had one such experience that I remember of during my facilitation

[Nadia Chaney](#) This speaks a lot to your gifts as a facilitator, Shilpa. I've seen how you can stay calm in chaos! Do you have any ideas about how other facilitators can build and develop this skill?

[Shilpa Setty](#) Thank you Nadia, that feels seen. Well, what helps me is one thing that I have completely believed in from what my mom would say whenever I had complaints about others, She would say "There is both good and bad in every person, and whenever you see the bad side of them, think of all the good they are" well since then its been a practice to see the good in others and get in touch with that in any person.

[Nadia Chaney](#) Love that. Sounds like strength-based facilitation to me.

[Shilpa Setty](#) True!! Its similar to that

[Madhu Shukla](#) I ll be honest a part of me does get worked up and another part scared. I breathe. I stay calm and let the angered express themselves. And breathe. If possible let one voice happen at time. Also ask the anger to be placed in the centre and not to be directed to the other.. Very subjective this though . But definitely holding space for. It to be expressed.

[Nadia Chaney](#) The relationship between fear and anger is an important note. For the facilitator, and also for other participants



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[Gail Edinger](#) What is anger if not fear...I always assume it comes from fear, it always does for me. So I ask myself, what am I afraid of right now...or think of the one expressing anger "what are you afraid of" and attempt to address that. Where there is anger in the group I focus intently on that person and acknowledge the injustice they are speaking. But I haven't worked much with there being anger between group members or several people angry at once. I would like to know more about working with this.

[Nadia Chaney](#) Gail Edinger hm, maybe I'll do a third thurs specifically on conflict in group dynamics

[Barb Applepieski](#) I asked myself.. what does "anger" want? If I assume it wants space, power, or control... I ask myself what is appropriate for this group, from that person? For instance, a person experiencing traumatic life events may be very angry and I would try to give them power by offering them space to express that anger. A child may become angry because they have no control and I would try to offer them choice. Someone else who is dealing with strong emotions may need some space to work through those things, and I would try to provide space, with boundaries, and to show them what is possible. First: acknowledge the emotion from the participant(s). Then, shift into what might be useful for the group field (processing, reflection, a game to explore).

[Nadia Chaney](#) Love this. This is so practical and sensitive. I want to remember this question : what does anger want.

[Barb Applepieski](#) Connecting to the thread in the other post, anger might want connection too. Many times shared anger has been the greatest way to identify who is safe, who is not.

[Eva Michelle Adams-Hart](#) All so insightful, thank you 😊

[Nadia Chaney](#) Eva! Welcome!

[Eva Michelle Adams-Hart](#) Thanks Nadia



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Discussion Question #2: Next, let's talk about DISTRUST. How is distrust different than anger? How do you tend to react when distrust shows up in your groups? What are the risks of distrust in a group? What is the value of distrust? What possibilities does distrust open up in a group process? Ideally, how would you like to handle distrust in your group work?

[Nadia Chaney](#) This is the one I'm kind of MOST interested in your thoughts on, actually...

[Gail Edinger](#) I find in the "forming" stages of any group process, that there is always distrust, a hanging back, and holding back. Often body language will show this...talking about the stages of group process helps and usually gets a smile from those with crossed arms.

[Nadia Chaney](#) I'm curious about distrust...and how it can signal systemic or external power dynamics that are affecting the group. I am grateful when it is expressed, even subtly, because it can give me a lot of clues...I'm interested in how people sense and notice distrust in group work

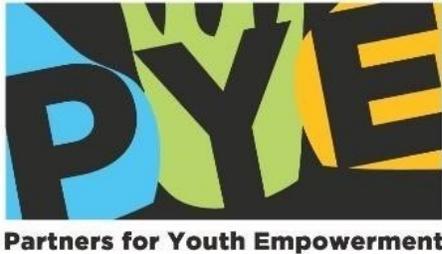
[Gail Edinger](#) Hi Nadia...could you explain what you mean by "systemic or external power dynamics" ?

[Barb Applepieski](#) I imagine distrust like a shield, protecting a perceived or real vulnerability. I'd ask first: does the outward expression of distrust help the participant to be present in the space, is it harmful to the group or contagious? I think the best way to ease distrust is to try something together, to ask the "distrustful one" to make a choice (choose this song or that song! play in small groups or big group?), and to demonstrate that it is indeed a safe space!

[Barb Applepieski](#) Comparing it to anger... its like anger has NO boundaries, and distrust has TOO MANY boundaries.

[Nadia Chaney](#) !!! oooh

[Nadia Chaney](#) that's super interesting in thinking about what might support that participant and the group to work into the possibilities of anger and distrust



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[Barb Applepieski](#) Are boundaries really the more important thing to consider, then?

[Barb Applepieski](#) ps I've been thinking A LOT about boundaries lately!

[Nadia Chaney](#) Maybe. Maybe. Even with joy...how are we impinging on each other...how are we inviting each other...I'd LOVE to hear what you've been thinking

[Barb Applepieski](#) whoah... mind blown... even with joy.

[Nadia Chaney](#) Right? That's why I included it in this session...sometimes someone's joy can be so overwhelming or alienating for others

[Barb Applepieski](#) When you say "impinging/inviting" it makes me think of how distrust can be an invitation... "Show me how I can trust you" What other emotions do this? Is it different for everyone, based on what emotions they are most comfortable with? For instance, ANGER was at one time the most inviting emotion I could imagine! Yes please, bring on the anger, because we have so much to be angry about. Now I don't find it helpful anymore.

[Nadia Chaney](#) Fascinating. There's something here about how simply creating opportunities for people to SHOW what they feel is an invitation towards empathy, regardless of the actual content of the sharing

[Manjunath Anand](#) Its a really nice question Nadia Chaney I have had these kinds of experiences while facilitating. When i come across this I try to observe the group n understand the dynamics within the group also sometimes individual dynamics/conflicts also plays important role in distrust. Once it occurs possibly influence other in the group. I would try to bring it up during community agreements if not create a safe space to the participants along with giving them enough time to start building the trust.

[Gail Edinger](#) What a great conversation this was! Smart cookies y'all!

[Devon Little](#) I'm commenting wayyyy after the fact because I want to process aloud my first thoughts on this one. I tend to feel that trust is earned, and that if someone is distrustful of you/the process you are facilitating, or others in the room, there is always a good reason. It may be that the reason is related to past experiences and that for some people, they will simply reserve their trust for a longer period of time until they've seen more. Or, there could be dynamics (usually power or bias dynamics) playing out that cause mistrust. And so I love what Manjunath said about revisiting the agreements. Every time we facilitate we are creating a



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3rd/shared culture with everyone in the room. Everyone has to be a part of that, of saying what will make them feel trust in the space- as facilitators we have learned a lot about what will help, including around power and privilege dynamics, but we don't actually know for any specific group until we've asked. And it has to be revisited (with the whole group or maybe first through a check in with an individual) because conflict related to trust can let us know that either something on the agreements is being broken or that we need a new one that hadn't occurred to us. Or to dive further into what an agreement means to people. Although I don't always FEEL this way 😊😓, I think this conflict is actually such an important part of the group process- not just an obstacle to be overcome, but rather part of the transformative learning for all. However- I also want to say that I think some trust issues can't be addressed within the scope of a short workshop or experience. If we can guess the dynamic that's troublesome we can of course make an observation out loud, a quick check in, and make a process change in hopes we are addressing it. But I think we also have to be okay with people who leave the group because of mistrust if we deem there isn't the space in that workshop to address it- though follow up with the person who leaves, if they are open to it, is SO helpful for us and everyone we serve going forward.

*[Nadia Chaney](#)

I'm posting #2 and #3 pretty close to each other, in case you feel more inclined towards starting here. Though I hope everyone will work their way into each of these emotional fields.

Discussion Question #3: Let's flip the script and talk about JOY. How do you react when there is joy in your groups? What are the possibilities that joy opens up? What is the risk of joy in a group? Ideally how would you like to engage with joy in your group work?

[Gail Edinger](#) It is hard not to take it personally, and feel pride, when I feel joy in a group...I feel like I'm doing something "right". I stop myself and realize the energy is a collective response and



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I am just a part of it. Joy opens potential for trust and dialogue, but the downside is that there can be a crash of energy if we don't flow fluidly into another more stable stream of awareness.

[Nadia Chaney](#) Thank you Gail. I think it's so interesting to think of the emotional field of a group in a continuum as you have here...that one changes into another. I'd love to hear more about that if you care to share

[Gail Edinger](#) Thanks Nadia...for your thoughtful organization and questions for this session.

[Nadia Chaney](#) ❤️ it's an honour to host these. I just love them.

[Gail Edinger](#) I do think of the group as an energy field (when I can be conscious) and sense that not long after forming, a group's energy will shift...I try to go with the energy and if distrust is there, however I can, honour that, speak to it as I can in efforts to dispel the questions unspoken...maybe I have to give more information, or acknowledge what is "broken" or unspoken in the room. I don't know exactly how I do this, it is kind of intuitive, but also based on Arnold and Amy Mindell's work and on Margaret Wheatley...so intellectually I have some ideas in the back of my mind that I am attempting to realize.

[Nadia Chaney](#). thank you for naming some other thinkers/facilitators/methods. Very helpful

[Shilpa Setty](#) When joy comes up in the group, it is mostly in the place where something that seemed impossible to an individual or group has happened and everyone is happy to see new possibilities, new realizations, I am also in a place where I can let myself a little more loose and explore my inner child and that helps me see a new side of me as well

[Gail Edinger](#) I'm checking out friends. Thank you everyone for your brilliance and your candor! Will be here again! Again thanks to Nadia for bringing us here! With love.



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*[Nadia Chaney](#)

Discussion Question #4: Lastly, let's talk about SHAME and/or GUILT. First, what is the difference between shame and guilt? What are the risks of shame and guilt in a group? What possibilities do shame and guilt offer to a group? Ideally, how would you like to work with shame and guilt in your groups?

(personal reflection and case studies coming next! I'm somehow running shorter of time than usual...will post them a bit quickly)

[Gail Edinger](#) I want to hear what others have to say about this...I think we are all (or most of us) carrying bucket loads of shame, and most of our actions are to mitigate our shame/ justify our existence. This is a root knowledge that allows me to connect with someone with humility. I think shame comes, then anger, then guilt. But I'd love to hear what others think on this...

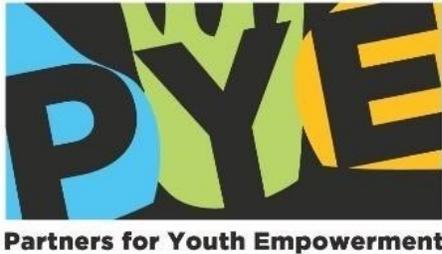
[Shilpa Setty](#) While I see so many of you here sharing such rich reflections in such a beautiful way, I feel a little shame for not being able to see through and express my experiences with so much richness; but I don't feel the guilt, as I am not hiding or saying something that I don't mean.

In simple words; I feel shame is when you do not know something. Guilt is when you know and still do it.

Well, now when I am experiencing the shame, I think, it could bring authenticity in the group and allow ourselves to feel okay to be wherever I am at, and its not bad

[Nadia Chaney](#) gentle reminder, *no put downs of self or other, dear friend. though...it is good to notice and name these feelings as they come up. This is an open space...some will have more experience than you and others much, much less. Xo thank you being so honest with your feelings here

[Shilpa Setty](#) Nadia Chaney Ooops... sorry, and thanks for reminding and being so present as always. I commit to try not doing or thinking it again!!



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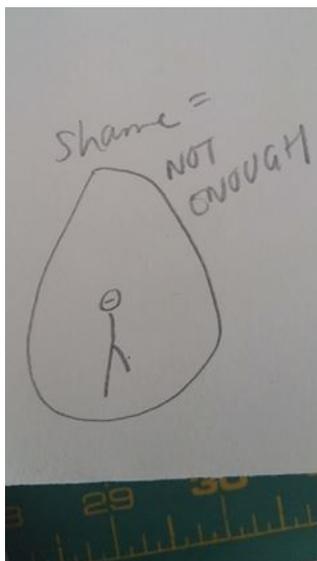
[Barb Applepieski](#) Shame = not-enough. Putting a boundary around your whole self so you can no longer shine. Guilt = putting a boundary around your whole self and looking at it in judgement.

[Nadia Chaney](#) Whoa. Mind blown.

[Barb Applepieski](#) Acknowledging that this happens is powerful - because it's easy for any of us to trap ourselves like this. Release ourselves from the traps by providing space for small steps towards imagination, play, and metaphor!

[Shilpa Setty](#) Loved the way you have put it

[Barb Applepieski](#)





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[Barb Applepieski](#)



*[Nadia Chaney](#)

Personal Reflection Question: What tendencies do you notice in yourself when it comes to the emotions above and how they show up in your groups? What skills and capacities would you like to develop? As people note these skills, feel free to respond to each other with ideas and suggestions. Let's help each other grow!

[Nadia Chaney](#) For me, I'm really thinking about what you've all shared above. I definitely want to learn to stay centered and grounded like Shilpa Setty speaks of. And I want to be honest with myself, and notice how fear is rippling through me and the group, as Madhu Shukla noted. And, I'm super interested in developing this sensitivity that Gail Edinger mentioned...noticing not just the arising of emotion, but also how it transforms into other emotions. Actually, now that I think of it, it kind of reminds me of that game we sometimes play...Rideshare!



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[Gail Edinger](#) Oh say more!

[Nadia Chaney](#) Here's the game: <http://pyeglobal.org/.../04/20/facilitation-ideas-rideshare/Manage>

[Facilitation Ideas: Rideshare - Partners for Youth Empowerment \(PYE Global\)](#)
pyeglobal.org

[Nadia Chaney](#) It's an improv game, but in it people kind of "catch" each other's emotions...seeing now that there's a cool practice in that game for practicing how we NOTICE emotions in transformation as facilitators

[Gail Edinger](#) Thanks, I will check this out!

[Nadia Chaney](#) Let me know what you think if you play it. I use it with youth just for fun and developing emotional intelligence, but in facilitation training use it more for noticing a group field...your insight above will take it to a new level for me

[Barb Applepieski](#) I'm really thinking about boundaries. When I try to intellectually participate in the person's emotion, I'm over-involving myself. When I do not set boundaries, I risk being harmed by the emotion. When I stay present, I can witness the emotion, give it the space it needs, and then move on.

***[Nadia Chaney](#)**

I have three case studies for us today...I'm going to post them all, but don't feel pressured. Time is moving fast today!

Case Study #1: You have a group of fifteen teenagers in an after-school program. You are arriving after a day of work and are already tired and a little distracted. After about twenty minutes an argument breaks out between two participants, over a conflict that began earlier that day in school. The room is very reactive, there is a



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lot of shouting and noise, and the two conflictual participants are trying to yell at each other over the noise. What might you do?

[Barb Applepieski](#) Debrief it. Ask the group how they cope with the main things we are ALL noticing: conflict, argument, yelling. Once the group is mostly calm, invite them to play a game that is useful for learning more about this. Debrief THAT. No idea what that game would be - any suggestions?

[Nadia Chaney](#) Hm. Something that works with perspectives maybe. Like the drawing instructions game? Debrief how it can be tough to see each other's perspectives?

*[Nadia Chaney](#)

Probably the most complex dynamic I've used in one of these case studies. Even your smallest ideas or further questions most welcome:

Case Study #2: You are facilitating a community meeting about a serious neighbourhood issue that needs urgent resolution; the city wants to create a highrise on an empty plot of land that they have recently bought. There are four subgroups in the room: the city development team, a neighbourhood advocacy group (activists), local home owners and two local media people (TV and radio). The activists do not trust the city team because of serious issues that have happened in other neighbourhoods under similar circumstances. Any time anyone from the city speaks, the activists interrupt. At the same time, when the local home owners speak, they are immediately interrupted by the city. The media people are off to one side, taking notes and video and speaking only to each other. What might you do with this situation?



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[Barb Applepieski](#) Ask a really great question that does not assume sides and recontextualizes the contentious word: "What is good development?" could become "What does trust mean in a growing city?"

[Sarah Cathrae](#) As a developer, I can only assume the activists and the city probably have a lot more in common than one might expect. In my experience, the only development a city would engage in is affordable housing. Unless the activists are entrepreneurs, it is probably an issue of over promising on the part of the city rather than a fundamental clash of interests. The homeowners may be a case of not in my backyard which is hard to address as the homeowners are the only group that have any real economic interest in the deal. If I were the facilitator, I would probably try to bring the media in to speak to past projects that didn't go as planned and address that outright. Then I would appeal to the homeowners and suggest that community housing has a tendency to offer opportunities to their fellow community members, if done right by the city. Then allow the city to address the trust issue.

*[Nadia Chaney](#)

Case Study #3: You are facilitating a week-long personal development seminar for twenty teachers and staff at a local college. Some of the participants are enjoying the break and finding the seminar very relaxing. They are connecting with each other and with you. Five of the participants are struggling with the material. They do not feel their personal experience at the college is reflected, and the seminar feels irrelevant and a waste of time to them. What might you do?

[Manjunath Anand](#) I would spend extra time with them to understand the reason for not being able to find the relevance in the seminar.



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*[Nadia Chaney](#)

Well, thus endeth our 90 mins together this month. Thank you all so much for a thoughtful and insightful conversation. Thank you, too, for the work you do in the world. Next month's topic will be: HOLDING A CREATIVE STANCE IN FACILITATION (or something to that effect!). Hope to see you there.

PYE will soon post the transcript and this page stays open if you would like to add anything to any of the posts. We are always open to new topics for the upcoming sessions. If you have any ideas please feel free to post them on this page. If you enjoyed today's session please tell your facilitator, teacher, manager, social worker, group therapist, activist and social artist friends! Don't forget to check www.pyeglobal.org for upcoming trainings, too, there's some new ones just posted.

[Shilpa Setty](#) Thank you Nadia, for bringing in such deep and reflective questions and holding space for insights to arise. Loved being here!

Thanks to everyone, I loved reading all the responses, its inspiring 😊